

**Westford Public Schools
Seizure Individual Health Care Plan**

Attach student
picture here.

Student Name: _____ **School Year:** _____

DOB: _____ **Teacher:** _____ **Grade:** _____

Typical Seizure Pattern:

Warning Signs:

Usually looks like:

Plan during seizure:

- Always stay with the child
- Position child to avoid choking on saliva
- Move the child to the floor, if able to, and clear area around child of hazards (hard/sharp objects)
- Do not restrain child or put anything in child's mouth
- Roll up something soft and place under the student's head
- Loosen any tight clothing and remove glasses if applicable
- Have someone remain with child until conscious and no longer confused
- Note time seizure began
- Have staff provide privacy for child by moving other students away or out of room

Plan after seizure

- Allow child to rest
- Notify the parent
- Document the seizure, making note in 3 areas – what happened before, during and after the seizure
- Help other children deal with the seizure. Talk about seizures, why they happen and what to do

CALL 911 FOR:

- **A seizure lasting longer than _____ minutes**
- **Any signs of respiratory distress (stops breathing or turns dusky/blue)**
- **Other: _____**

Other health concerns:

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Medications:	Dose/Time:

Emergency Contacts:

Parent/Guardians:

Name: _____

Home # _____ Work# _____ Cell# _____

Name: _____

Home # _____ Work# _____ Cell# _____

Other Emergency Contact if parent/guardian is unavailable:

Name: _____ Relationship: _____ Tel. # _____

Primary Care Provider: _____ **Telephone#** _____

Neurologist: _____ **Telephone#** _____

Physician Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____

Nurse Signature: _____ **Date:** _____

Notice: Westford Public Schools are concerned with the safety and well being of all its students. During school hours a nurse is on duty to provide assessments, first aid, emergency care and medication administration. There is no nurse available during before-school and after-school programs and organized activities (e.g., sports, clubs). If an emergency arises, staff will activate the emergency medical system and the student will be transported to the nearest hospital. Note that after-school personnel cannot deliver medical procedures or obtain or administer medications.