

Close Contact Information

- Close Contact is defined as within 6 feet of a positive case for more than 15 minutes.
- Day of Exposure is Day 0.
- **Quarantine for exposed, asymptomatic children- regardless of where exposure occurred- is no longer required.**
 - Children who are identified as close contacts may continue to attend programming as long as they remain asymptomatic.
 - Those who can mask should do so until Day 10.
- **A test on Day 2 and Day 5 is recommended**, but not required.
 - Tests may be self-administered home tests, and do not need to be proctored or performed by a healthcare professional.
 - Please communicate the test result to the school nurse.
- Continue to closely monitor for symptoms for 10 days following exposure.
 - If symptoms occur, keep your child home and get an antigen or PCR test.

Please be sure to send a copy of your child's vaccination card to the school nurse.

If your child has had COVID-19 within the past 90 days

- They are exempt from quarantine and testing, and may attend school.
- Please provide the school with documentation of the positive test result if it was not a home test.
- If you did a home test, be sure to notify your child's pediatrician.

Sibling Information

- Siblings of children who are identified as close contacts, *regardless of vaccination status*, are allowed, by policy, to attend school.
 - However, we ask that you please monitor them carefully, keep them home if there are *any* symptoms, and have them tested.
- Siblings of a positive child, *regardless of vaccination status*, **are allowed, by policy, to attend school as long as they are asymptomatic, and the positive case is isolating.**
 - However, we ask that you please monitor them carefully, keep them home if there are *any* symptoms, and have them tested.
 - They should mask for 10 days from the last exposure to the positive child.

**A word about testing- It is advised to have rapid antigen tests on hand at home. When doing home tests, please read and follow all directions carefully, and consider repeating the testing in a series, as this is part of the instruction for home test use. The first test may be done too soon to detect the virus, and although false negatives are possible, false positive results are NOT likely. It is best practice to confirm an antigen test result with a PCR test if there are symptoms with a negative antigen test result.*

If Your Child Tests Positive

- Day 0 is the day of onset of symptoms or positive test date if no symptoms.
- Duration: Self-isolation for COVID-19 positive cases is a minimum of 5 days after symptom onset or after positive PCR or an antigen test, if asymptomatic.
- Return to School:
 - After 5 days and once they have:
 - Been without fever for 24 hours (and without taking fever-reducing medications), and
 - experienced improvement in other symptoms.
 - Following the 5-day isolation period, individuals must mask for 5 additional days when around others.
 - If the child is unable to mask, they must have a negative test on Day 5 or later in order to return to programming prior to Day 11.
 - Note: A rapid antigen test, such as a self-test is preferred to a PCR test in most situations for the purposes of exiting isolation or quarantine.

COVID-19 Symptoms

Below is the full list of symptoms for which caregivers should monitor their children, and staff should monitor themselves:

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Muscle aches or body aches
- Cough (not due to other known cause, such as chronic cough)
- Sore throat, when in combination with other symptoms
- Nausea, vomiting, or diarrhea when in combination with other symptoms
- Headache when in combination with other symptoms
- Fatigue, when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes, such as allergies) when in combination with other symptoms

***Be sure to speak with your pediatrician about any positive test results and any close contact situations.
Please contact the school nurse for any questions or concerns.***